

ATTACHMENT 3:

PROSPECTIVE EVALUATION OF THE COURSE OF IBD IN NON-PREGNANT IBD PATIENTS
Patients will have to be stratified according to age, disease location, activity and extension to match pregnant patients as closely as possible. *Observation time: 15 months for each patient*

CENTER _____

Patient's initials _____ date of birth _____
Control of _____ (Patient's initials)

Time of diagnosis of IBD: month _____ year _____

DISEASE ACTIVITY AT BEGINNING OF OBSERVATION PERIOD

1. Remission 2. Relapse 3. Chronically active

NUTRITIONAL STATUS: Body Mass Index _____ high ____ weight _____

If in remission: time since reaching remission: month _____ year _____

DIAGNOSIS (Tick one)

EXTENT (Tick one)

- | | | | |
|--------------------------|---------------|-----------------------|----------------------|
| 1. Ulcerative colitis | A) pancolitis | B) left-sided colitis | C) proctosigmoiditis |
| 2. Crohn's disease | A) colon | B) small bowel | C) A + B |
| 3. Indeterminate colitis | A) pancolitis | B) left-sided colitis | C) proctosigmoiditis |

Fistulas: perianal Y N recto-vaginal Y N other Y N

PREVIOUS SURGERY Y N

- | | |
|--|------------|
| 1. total colectomy with ileostomy | date _____ |
| 2. total colectomy with pouch | date _____ |
| 3. segmental colon resection | date _____ |
| 4. segmental small bowel resection | date _____ |
| 5. stricturoplasty | date _____ |
| 6. segmental small bowel + colon resection | date _____ |
| 7. surgery for fistulas | date _____ |
| 8. other (non IBD) list _____ | |

MULTIPLE OPERATIONS Y N

CIGARETTE SMOKING N 1. Never 2. Quit since _____
Y n^ cigarettes/day _____

ALCOHOL N 1. Never 2. Quit since _____
Y g/day _____

COURSE OF IBD DURING OBSERVATION PERIOD

	1 st TRIMESTER	2 nd TRIMESTER	3 rd TRIMESTER	4 th TRIMESTER	5 th TRIMESTER
1. Remission	_____	_____	_____	_____	_____
2. Relapse	_____	_____	_____	_____	_____
3. Chronically active	_____	_____	_____	_____	_____

IBD COURSE SUMMARY

- | | | | |
|---------------------------|-------|--|-------|
| 1. remission-remission | _____ | 5. chronically active-chronically active | _____ |
| 2. remission-relapse | _____ | 6. chronically active-remission | _____ |
| 3. relapse-remission | _____ | 7. chronically active-exacerbation | _____ |
| 4. relapse-remains active | _____ | | |

Change in IBD extent: _____ month of observation _____

Based on (state test) _____

